

If you are 65 yrs or over you may be eligible for the following:

**Monitored Alarm with Pendant.**

The installation of the above item is free. There is an annual monitoring fee of €66. Please contact letterkenny C.D.P. & ask for Barry.Charlotte. Kelly or Rama on 074 91 20633

This project is funded by the Department of Environment, Community & Local Government.

**SENIORS ALERT SCHEME**

**K.Y.D.S.**

**"KILLYLASTIN YOUTH DEVELOPMENT SERVICE"**

Our facility has limited FREE child care places available contact Karen Mc Cafferty Manager K.Y.D.S. 20 Glendale Manor 074 0120472 Annual fundraising event 30 June starting 1pm ALL WELCOME

**Competition Winners**

**Newsletter Team**



**John Roe**  
Desktop  
Publisher

**Pat Corcoran**  
P.R.O.



**Michael Abiola-Phillips**  
Asst. P.R.O.



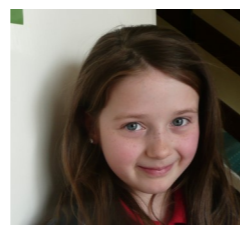
Contact: Community House  
2 Errigal Road Letterkenny  
☎ 0749120633



Colouring Competition  
4-7yrs.  
Kate Connolly



Name this artist  
Kara Mc Laughlin



Colouring Competition  
8-11yrs.  
Nadine Collins

*Prizes*  
*Sponsored*  
*by*  
**4 LANTERNS & CENTURY CINEMA**

Letterkenny Community Development Project is funded by the Irish Government under the National Development Plan 2000-2006 from National Lottery funds, and supported by FÁS.



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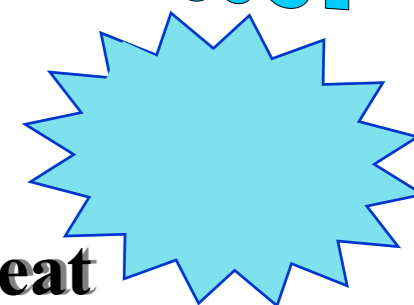
**Community Newsletter**

June 2012 Issue 36

Produced by

**Letterkenny C.D.P.**

**The Community Heartbeat**



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COMMUNITY HOUSE, 2 ERRIGAL ROAD.

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**"Donegal Digital TV Switchover**

**Information"**



Community organisations in the area are being asked to assist older and more isolated people to make the switch to digital television. As the analogue signal for receiving TV will be switched off on 24th October, viewers who use an aerial will need to take action so they will continue to receive a TV signal after that date.

John Curran is the Digital Outreach Champion for the county, working with Donegal Volunteer Centre. He will involve a wide range of organisations to help create greater awareness and understanding of the Digital Switchover around the county. Volunteers from these organisations will identify people who might have difficulty making the switch and will assist them to do so.

If you would like further information, contact John Curran or Lourda Nee at 074 9126740 or lnee@dldc.org

# CONNECT & RESPECT EVENT {2 days}

An Event called Connect & Respect an elder adult get together involving Traveller and Settled communities was held on the 17th and 24th May in Gallaghers Hotel Letterkenny. The event organised by Donegal Travellers Project with assistance from Cara House and Letterkenny C.D.P. was free for everyone who came along. The event ran from 2pm to 5pm and included bingo, music and a 3 course meal.

Day 1  
17th



Annie Walker

Anne Marie Keogh  
Presenting a €50 Cheque to snowball Winner Annie Walker



Silence BINGO in progress



The afternoon finished off with a fine 3 course meal. Enjoyed by all.

Day 2  
24th



Pat Mc Clean providing the music



Some well known Letterkenny faces



After watching the film BARREL TOP DAYS [a film about travelling by-gone days] the group listened and danced to music by Pat Mc Clean. The day ended with a fine meal in Gallaghers dinning room.

# CHILDREN'S FUN PAGE

Post your entries or drop them into The Community House 2 Errigal Road Letterkenny  
Closing Date for Entry July 20th 2012



Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone No: \_\_\_\_\_  
Age Group \_\_\_\_\_  
Age Group Categories: 4-7-8-11

Prizes: Vouchers for Cinema and Four Lantern's for winner of each age group:-  
Judges decision is final.

## Name this Artist

A Little bit of Irish  
Is cuma leis an óige cá leagann sí a cos.



Youth does not mind where it sets its foot.

**CALL ME MAYBE**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone No: \_\_\_\_\_  
Age Group Category 11- 14

### Mission Statement

Letterkenny Community Development Project is a voluntary group of caring and supporting people. Our ambition is to improve our community for all, by encouraging participation, personal development and inclusiveness throughout our programmes and facilities.  
Community House 2 Errigal Rd. Letterkenny. Tel: 074/9120633.

The views expressed in this Publication are not necessarily those of the Letterkenny Community Development Project Management Committee

# national day of volunteering

TUESDAY 22 MAY

# Adult Community Education



Ready for the off as Letterkenny C.D.P management , workers, volunteers and Tús workers set out from the C.D.P. community house down to market square on street clean /check.



Charlotte and Tyana on cruise control



## Cookery Class

Chef Anne Boyle [white apron] in St Fiachra's excellent kitchens, about to start demonstrating how it's done to the enthusiastic participants in the cookery course.

This evenings offerings were Chicken A Lá King and Double Chocolate Brownies..



D.C.L.D. Tús workers covering waste ground on the High road.

Kelly and Barry Along main street



Eamon Tús quietly working away

## Creative Machine Sewing

Showing off their hats. Its all systems go as Tutor Marian Mc Menamin [4th from left] sets everyone up for their Creative Machine Sewing class.



Shopper Dessie Kelly encouraging the volunteers on main street



The group on Market Square steps being given a helping hand with Ann Mc Gowan from the Tidy Town Committee.



Everyone was treated to 3 course lunch in Cara House.



## Child Behavioural Management

Child Behavioural Management { without super nanny } getting under way. Facilitator/tutor Violet Buchanan setting the agenda and putting the group into start mode.

## Social Development through an Holistic Approach.

Over the coming weeks Instructor Eimier Peoples {LHS} will be instructing participants in the basic technique of Reflexology, Indian Head Massage and Yoga.



It must be reported that very little litter was found on our journey as all places were exceptionally clean

# LORD OF THE RING

## White Collar Boxing . . . .



Denis Kinsella

A big well done to Denis who took part in the Lord of the Ring White Collar boxing tournament held in the Silver Tassie Hotel on Friday 18th May. Dennis who was sponsored by Letterkenny C.D.P. trained for several weeks to get in shape. On the night he was beaten by small margin of 1/2 point.

All monies raised from the event was for the Donegal Hospice.

# OPEN MIC NIGHT

The Open MIC sessions are growing in stature as more people are coming along to strut their stuff or just enjoy the entertainment. The May session consisted of the normal participation of local talent followed by Chris Ward performing his new album called "Six Things". Chris who writes his own work has been a regular performer on the Open MIC.



Letterkenny Mayor Cllr Gerry Mc Monagle opened the session in appreciation of the work carried out by the Open MIC Sessions in promoting an outlet for local talent in an alcohol / drug free atmosphere.



L to R Mary Healy START Project. Chris Ward artist, Gerry Mc Monagle Mayor, artists Joanne and Amanda.



Chris Ward performing his latest album



Girls enjoying the Mocktails



Nuala Mc Garrigle  
FAS  
Development  
Officer

# Community Employment Project News



Mary  
Rose  
Sheridan

Community  
Employment

The Community Employment Project is funded by the Irish Government under the National Development Plan 2000 - 2006 and supported by the local community.



## New faces at Letterkenny C.D.P.



Debra Mc Ginley

Debra joins us to work with the Donegal Travellers project.



Barry O Sullivan

Barry joins the team as Community Safety Support Worker incorporating the Senior Alert and summer schemes.



Kelly Pyper

Kelly joins as Project Development Worker assisting in the Senior Alert Scheme and various summer youth schemes.

## Another C.E. Scheme success story.

Nicola Mc Kinley joined our team a year ago as Community Safety Support Worker and worked on the Senior Alert Scheme..



Nicola has now taken up a post with United Health Care Medical claims Associate.

**WE WISH HER EVERY SUCCESS**

## BEST OF LUCK



Best of luck to our colleague Rama Sam from her co workers at Letterkenny C.D.P. on the forthcoming birth of her baby

## Sorry To See You Go



Teresa Tourish

Teresa joined us last April as Project Development Worker. We would like to thank her for her work in assisting in the Senior Alert Scheme and the various summer youth schemes.



Charlotte Brady



Roisin Doherty

## Congratulations

Congratulations to Charlotte Brady and Roisin Doherty on receiving FETAC Level 5 a major award in Community and Health Services.