


If you are 65 yrs or over you may be eligible for the following:

Monitored Alarm with Pendant.

The installation of the above item is free. There is an annual monitoring fee of €66. Please contact letterkenny C.D.P. & ask for Kelly, Sinead or Conor on 074 91 20633

This project is funded by the Department of Environment, Community & Local Government.

SENIORS ALERT SCHEME



The Donegal Women's Domestic Violence Service (D.W.D.V.S.) provides a 24 hour help line, a locally based Domestic Violence clinic service and crisis accommodation for women and children who are at risk or have suffered physical, sexual or financial abuse.

The D.W.D.V.S. can provide housing, legal/benefits, advocacy, information, referrals and domestic violence counselling support. Awareness Training & Education Service is also available. 24 Hr. Help line 0749126267 Gen. Office Enquiries 0749129725

Competition Winners

Newsletter Team



**John McFeely
Desktop
Publisher**

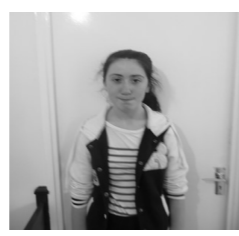
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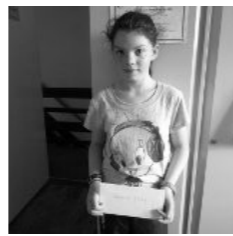
Contact: Community House
2 Errigal Road Letterkenny
☎ 0749120633



**Colouring Competition
4-7yrs.
Kylah McGinley**



**Name this artist
Teagan McCormack**



**Colouring Competition
8-11yrs.
Elice Baxter.**

**Prizes
Sponsored
by**




**4 LANTERNS &
CENTURY CINEMA**

Letterkenny Community Development Project is a voluntary group supported by the following agencies & organisations:



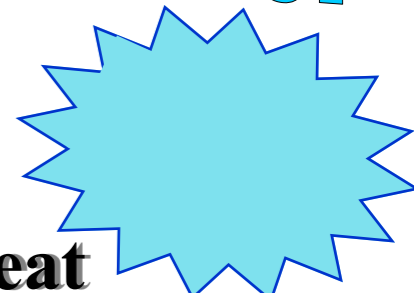
Printed by Impacto Print

Community Newsletter

August 2013 Issue 40

**Produced by
Letterkenny C.D.P.**

The Community Heartbeat




Letterkenny C.D.P. Ltd.
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COMMUNITY HOUSE, 2 ERRIGAL ROAD.

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National Men's Health Week 2013



Management and staff of Letterkenny C.D.P. Ltd. & Donegal Local Development Co. Ltd. at the launch of Letterkenny C.D.P. 'Men's Health Week' at the Letterkenny Shopping Centre on Mon 10th June. The week long programme, which included free health checks, workshops and visits to the Men's Shed, was a great success. (see page 2 for further information)



Local Actor Dessie Gallagher pictured with Mgt Toner during Men's Health week.

Tommy Rosney with Lourda Nee D.L.D.C., Sinead Davenport and Conor Vernon during Men's Health Week



National Men's Health Week 2013 cont....



L-R Genevieve Gavin Donegal Local Development Co., Margaret Toner & Anne Marie Gallagher Letterkenny C.D.P.



L-R John Mc Feely, Margaret Toner & Dessie Gallagher at Men's Health Week



John Curran Donegal Volunteer Centre



Cathal Monaghan Men's Development Worker Letterkenny C.D.P.



Tim Spalding and Brian Smeaton



Nurse Ciara Mc Menamin checking Conor Vernon's Blood Pressure.

Letterkenny C.D.P. Men's Shed "LIFE'S TOOLBOX"



Cathal hard at work in shed.

A work in progress.

Great strides have been made in the transforming of the 'old laundry' in St. Conal's to what will become 'The Men's Shed'. The boys recently won €500 of Dulux paints, which has come in really handy for the refurbishment of the shed.



Martin and Conor ensuring all is secure



Conor, Breaking through



Supports in place as new doorway is installed.



Martin McHugh, showing how it should be properly.

CHILDREN'S FUN PAGE

Post your entries or drop them into The Community House 2 Errigal Road Letterkenny
Closing Date for Entry July 22 2013.



Name _____

Address _____

Phone No: _____

Age Group _____

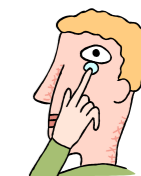
Age Group Categories: 4-7-8-11



**Prizes: Vouchers for Cinema and Four Lantern's for winner of each age group:-
Judges decision is final.**

Name this Artist

A Little bit of Irish
A friend's eye is a good mirror



Is maith an scáthán suil charad

"The Fame" Was this Artist's First album...

Name _____

Address _____

Phone No: _____

Age Group Category 11- 14

Mission Statement

Letterkenny Community Development Project is a voluntary group of caring and supporting people. Our ambition is to improve our community for all, by encouraging participation, personal development and inclusiveness throughout our programmes and facilities.
Community House 2 Errigal Rd. Letterkenny. Tel: 074/9120633.

The views expressed in this Publication are not necessarily those of the Letterkenny Community Development Project Management Committee

Killylastin Youth Development Service (K.Y.D.S)

20 Glendale Manor, Letterkenny.

Telephone 074-9120472 – email – cdpkyds@eircom.net.

Letterkenny C.D.P. offer a high quality, affordable, community
PRE-SCHOOL SERVICE for Letterkenny and surrounding areas
The pre-school service is funded by the Dept. of Youth & Children



**Opening hours = Morning session 5 days per week—Sept. to June.
9.30am to 1 pm.**

- ◆ Approved for the ECCE (FREE Pre-school) for all eligible children
- ◆ Subvention Rates for eligible children who do not qualify for the ECCE.

LIMITED PLACES AVAILABLE— ENROL NOW

For further information or to pick up an enrolment form please contact the
Community House 2 Errigal Road Letterkenny Co. Donegal Tel. 0749120633
email: lkennycdp@eircom.net

Organic Farm visit, Leitrim May 2013



Letterkenny C.D.P. who were recently represented by John Roe, and Raymond Seagrave at a visit to an Organic Farm in County Leitrim.



The Summer Scheme is funded by Donegal Local Development Company Ltd. & supported by D.S.P. through Community Employment.



Bealtaine 2013



A very successful 'Bealtaine' Afternoon Social was held recently (28/05/2013) in the Station House Hotel. It was hosted by Letterkenny C.D.P. in association with Donegal Local Development Company (D.L.D.C.) and Cara House.
After a lovely meal, the crowd danced the afternoon away



Margaret Toner of Letterkenny C.D.P (left) and providing the music for the occasion was Alec Black. (Right)



Liam and Patsy Blake enjoying the event.



Lourda Nee (D.L.D.C.) speaking at the event



Sinead Davenport (C.D.P.) sharing information about the 'Seniors Alert Scheme'.



John Roe, Lourda Nee, Sinead Davenport, Kelly Pyper, Bernie Rowan, Sara McAuley and Margaret Toner pictured at the dinner.

Margaret Toner and friends at the 'Bealtaine' Social in the Station House.



Eilish Sweeney takes to the stage to recite a poem and entertain the crowd.



Margaret Toner Pictured with Margaret and Charlie Flood at the Station House Hotel.

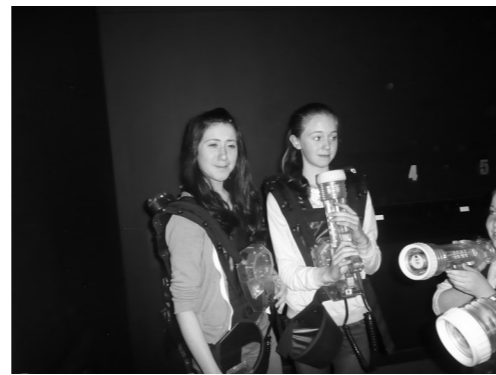


Harry Russel enjoying The Bealtaine Event



Two local ladies, Margaret Gillen and Eilish Sweeney at the Bealtaine event.

Summer Camp 2013



Some picture taken recently from our Very successful 'Summer Camps'. The camps ran from the 1st of July to the 25th July and were divided into two age categories, 10-17 yr olds & 4-10 yr olds. Activities included, Cinema, Kiln Time, Lurgybrack Farm, Redcastle, Gartan and the theme park in Bundoran. A great time was had by all



Community Employment Project News



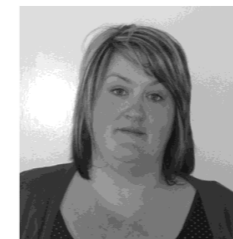
The Community Employment Project is funded by the Dept. of Social Protection & supported by the local community.



Mary Rose Sheridan
C.E. Supervisor

Sorry to see you go

Faces Leaving Letterkenny C.D.P.



Pictured above from Left, Priscilla Ward, Kelly Pyper, John McFeely, Martin McHugh and below Bernie Rowan, Conor Vernon, Raymond Seagrave, Tracy Connors and Karen Barr.



The Management and staff would like to thank those leaving for their contribution to the project and wish them all well in their future endeavours.

Letterkenny C.D.P. S.T.A.R.T. Project

For information on the START PROJECT contact 0749120633 or call the confidential lines Outreach Worker Mary Healy-Vernon 0867752142 or Cathal Monaghan Holistic Co-ordinator 0862270437

OPEN MIC NIGHT

Part of 'Wellness Week 2013'



Mary Vernon with the Virgin Cocktails



Amanda at the 'Open Mic'



'Open Mic' in The Vestry during Wellness Week. A good turnout and good music too. There was also face painting jewellery making and Balloon modelling for the children.