

Community Newsletter

Issue 21

Produced by

Sept. 2008



Nolunga Shologu
Community
New Development
Worker with
Letterkenny
C.D.P.

Autumn/Winter ~ Community Development Programme

- ☺ Community/Adult Education ~ Anti-Racism Programme ~
- ☺ Halloween Event ~ Security in the Home for Older Adults ~
- ☺ Children's Intercultural Christmas Party ~ Visit Santa at Isle of Doagh
- ☺ Community Development & Recreational Centre ~ Networking
- ☺ Lobbying ~ Training and Development ~ Residents' Associations
- ☺ Local Area Directory of Community & Statutory Services in Letterkenny

For further information on all of the above contact Nolunga at the Community House 2 Errigal Rd. or phone 074 9120633

AWARE - Helping to defeat depression and prevent suicide

The Aware Support Group in Letterkenny meets in 4a Pearse Road (above B-Bobs Hairdressers) every Tuesday at 8pm. A group for relatives also meets on the 1st Monday of each month in the same venue at 8pm. For further details and information, you can contact the Regional Office on 074 9735030, at awarenorthwest@o2.ie or visit www.aware.ie

Donegal Woman's Domestic Violence Service provides a 24 hour help line



0749126267

Victim Support Group Working For Victims

We are a Community based Organisation
We are Free/Confidential/and Voluntary
We Provide Emotional and Practical Support to Victims of Crime.
If you are a Victim of Crime and You feel you need Support
Please Contact:
91/25205 or
1850/661771.



Letterkenny C.D.P. Ltd.

Tel 074 9120633/9120686 Fax 074 9120605
email : lkennycdp@eircom.net

COMMUNITY HOUSE, 2 ERRIGAL ROAD.
FUNDED BY DEPT OF COMMUNITY RURAL & GAELTACHT AFFAIRS
(UNDER NATIONAL DEVELOPMENT PLAN)

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Printed by Impacto Print

Newsletter Winners

Newsletter Team

Margaret Toner
Project Co-ordinator



John Roe
Desktop Publisher



Pat Corcoran
P.R.O.



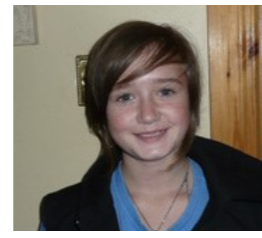
Michael Abiola Phillips
Asst. P.R.O.



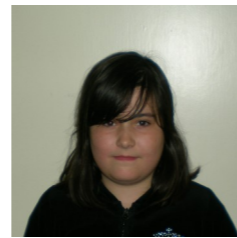
Contact:
Community House
2 Errigal Road Letterkenny.
074 9120633



Colouring Competition
4-7yrs.
Victoriado Satons
Ard O Donnell



Colouring Competition
8-11yrs.
Demi Ferry
Sleive Sneacht



Name This Group
11-14yrs.
Deborah Foy
The Grange

Sept.'08 Newsletter Prizes
Sponsored by
4 Lanterns & Century Cinema

"A hole is more honourable than a patch.."



PROPOSED "COMMUNITY DEVELOPMENT & RECREATIONAL CENTRE"



Letterkenny Community Development Project is funded by the Dept. of Community, Rural & Gaeltacht Affairs under the National Development Plan 2000-2006 from National Lottery funds, and supported by FÁS.





Letterkenny C.D.P. "Working For You"

Mgt. Toner
Co-ordinator

"Support for the Community ~ Through the Community House"

Tel. 074 9120633 Fax. 074 9120605

Email: lkennycdp@eircom.net



Lourda Nee
Administrator

Programme	Further Information
Security in the Home For people over 65	Personal Alarms, Security Lighting and Door/Window Locks
Administration Support	Photocopying, typing and other admin services
I.T. Centre. 20 Glendale Manor	I.T. courses in a Community Setting. To hire our I.T. Suite Contact ☎ 074 9120633
Use of Community House for Meetings/ Training etc.	Rooms for meetings etc. to Residents' Associations/Voluntary Groups etc.
Work Experience	Work-Experience to students to enhance their education and employment prospects.
Community Newsletter	4000 copies of our community newsletter on a Quarterly basis.

"We Miss You Rose"

We said goodbye to Rose Toomey and her daughters Rebecca & Jessica recently when they moved home to Co. Louth. Rose was a very dedicated and energetic member of our Management Committee, and is greatly missed. See below:



Conor Wright

WELCOME TO LETTERKENNY (Welcome Visitor Service)

This Service is a free and confidential support service for newcomers to the Letterkenny area

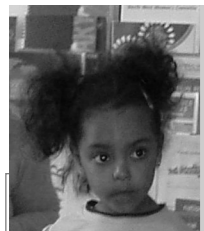
- ◆ Get advice on what is happening in your new community
 - ◆ Get to know local services in your new community
 - ◆ Get to know about facilities for young people in your new community
 - ◆ GET TO KNOW LETTERKENNY
- Phone: 074 9120633 Email: lkennycdp@eircom.net
This service is based in Letterkenny C.D.P. and funded by H.S.E. under the Family Action Letterkenny Network. (Flyers promoting this service in several languages are available at the Community House, pick one up for any of our new communities)

"BINGO"

"Play Bingo" every Thursday Night in the Orchard Inn and/or Do our "Weekly Lotto" Thur to Tue at Community House (Wed Draw). Support Letterkenny C.D.P. to provide a Multi-purpose Community Facility in the Glencar/Ballyboe area of Letterkenny.

Tel. 074 9120633

"Lotto"



.. Don't just take our word for itHave Your Say!!!

Pictures/Comments/Adverts to:
Community House 2 Errigal Rd. Letterkenny.

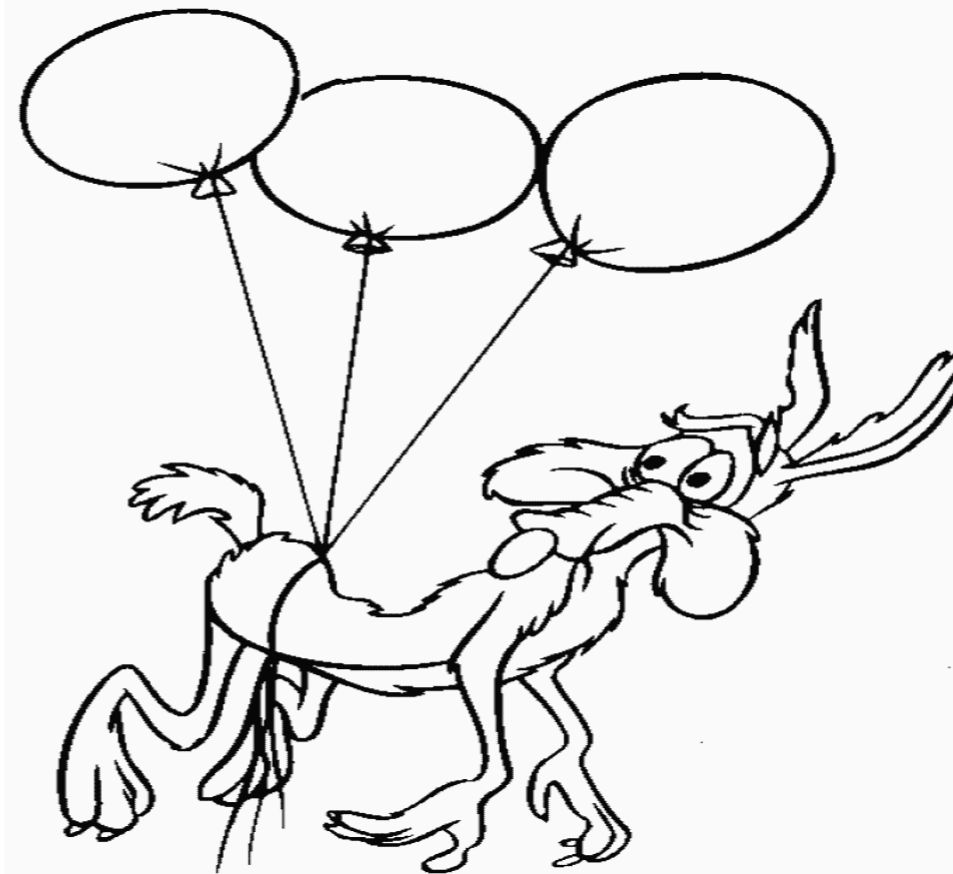
By ☎ 9120633

Email: lkennycdp@eircom.net



CHILDREN'S FUN PAGE

Post your entries or drop them into The Community House 2 Errigal Road Letterkenny
Closing Date for Entry **Nov.10th 2007**



Name _____
Address _____
Phone No: _____
Age Group Categories: 4-7 8-11

Prizes: Vouchers for Cinema and Four Lantern's for winner of each age group:-
Judges decision is final.

Name this Artist



Name _____
Address _____
Phone No: _____
Age Group Category 11- 14

A Little bit of Irish

Is cuma leis an óige cá leagann sí a cos.



Youth does not mind where it sets its foot.

Mission Statement

Letterkenny Community Development Project is a voluntary group of caring and supporting people. Our ambition is to improve our community for all, by encouraging participation, personal development and inclusiveness throughout our programmes and facilities.

Community House 2 Errigal Rd. Letterkenny. Tel: 074/9120633.

The views expressed in this Publication are not necessarily those of the Management Committee of Letterkenny Community Development Project

"Community Fete"

Sun.20th July 2008



Action just about to start



Face painting in progress



Irish Dancer



More entertainment from "Southbound"



Fresh scones baked by Breezy Willow



4-Bed Detached Residence sold at auction



Fancy dress contestants



Fancy Dress Prize Winners "The Taoiseach & Tánaiste"



Everyone's a winner

Minister of State John Curran visits Letterkenny C.D.P.



The Management and Staff of Letterkenny C.D.P. were delighted to greet the Minister of State John Curran at the Community House on Sat. 6th Sept. Minister Curran, who also has responsibility for Drugs Strategy and Community Affairs, was in Letterkenny to launch the Diploma in Alcohol &

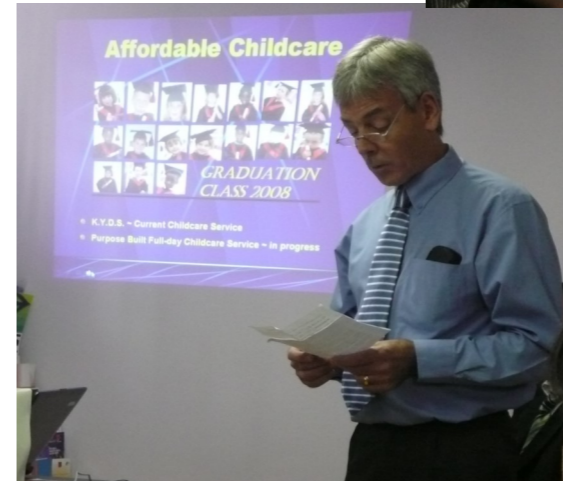
Drugs which will commence in Errigal College mid-September. He spent an hour at the Community House where he was given a presentation on all the great work that is carried out by the voluntary committee and staff of the project. In his response to the areas of work shown to him he summed up his visit by declaring Letterkenny C.D.P. as a "Model C.D.P." We all agreed with him.



Gerry Mc Monagle presenting the planned Community Development & Recreational Centre to Minister John Curran

Michael Abiola Phillips presenting the Ethnic Programme of Activities to Minister John Curran

Margaret Toner presenting the Drugs & Alcohol Prevention Programme to Minister John Curran. Also in photo are members of the Board of Management of Letterkenny C.D.P. **Right:** Anne Boyle Chairperson, Gerry Mc Monagle, Michael Abiola Phillips, Pat Corcoran and Stella Oladapo. **Left:** Egberongbe Sgt. Sarah Hargden and Cllr Ciaran Brogan



Pat Corcoran making a presentation on our Affordable Childcare Facility to the Minister



Minister John Curran viewing our Childcare Display L-R. Anne Boyle Chairperson Letterkenny C.D.P., Karen Mc Cafferty Childcare Manager and Minister John Curran



Anne Boyle Letterkenny C.D.P. Welcoming the Minister to the Community House.



COUNTING THE COST

At the beginning of this millennium, something spectacular evolved naturally in Ireland changing the course of history, the scope of reasoning of the Irish citizens and affirming the connotation of the world being a global village. Truly, the occurrence was the migration

boom and sudden influx of foreigners of different nationalities into Ireland. In a relative term, the African Community here in Letterkenny, Donegal thus, appreciate, commend and sincerely thank the past and current management of the County Council, the Town Council, the HSE, the Garda Siochana, the C.D.P. and the indigenes of this great community whose services, generosity, contributions and help has in one way or the other made soothing, the settlement of all foreign nationals, in Letterkenny particularly, and in Donegal County as a whole. We acknowledged very good receptions in areas of welfare supports, education and schooling, housing and socially generally. We also believe that the justice and fairness areas will be perfected in the near future. Thus, our prayers and Amen will be that this land will know no sorrow, that no afflictions shall rise again and that the blessing of God will abide continuously in the land with everyone.

It is a common knowledge that the skill of reading and writing (literacy education) evolved foremost in Africa, (Egypt). Yet the advancement of same is reflecting more in Europe and other Continents because of partially African attitudes to adventure and other numerous factors pretty difficult to mention. However, the call for caution now is not about the retrogressively developing African nations but to sound the alarming wake up calls to our over pampering, vulnerable youths about the conventional basic education and the falling standards. The tagging of some basic educational ethics as 'old fashioned', the negative impacts of information technology, children 's rights and law, are all technically leading the pace of true development aback. I believe and do say that "there is nothing like rights but what the law allows". By this I mean that we have now, the downtrodden effects of "moral discipline" in communities as a result of too much 'freedom' and claims of rights. Our educational sector needs to get back to the 'basics'. Perhaps we need to inquire, where are the 3 r's that the missionaries brought to Africa. The ARITHMETICS, Rote-learning and the religious education, may be the re-visitation of the 'moral instruction' as a subject in the academic curriculum will be better off than the just introduced 'sex education', at least at the primary school level. After all, what is morally wrong, most often times cannot be legally right.

Through moral teachings, children will develop highly the habit/culture of self-respect, giving regards to seniors and maintaining obedience to parents and the laws of the land. The practice of rote-learning will also aid our children in developing their spelling abilities and as well disabuse the text messaging language now affecting student's English grammar and composition. (Spare me examination results stuff please!!!). I am not an alarmist. As the holidays are over and schools back in sessions, it will be my desire to enjoin parents to fight the common enemy, which is ignorance. Without being judgemental, I maintain to say that it will be an act of gross irresponsibility for parents to leave their children outside the home at very odd hours (12 midnight till early morning) playing while the parents are indoors watching telly over some glasses or giving little attention to other emotional demands at the expense of their children's welfare and safety.

Though human nature is such that one remembers only that which is convenient. Yet, the duration of our memory of any wrongdoing directly reflects our capacity to maintain our individuality. Africans tend to forget hatred easily because they have to reconcile themselves to life if one finds oneself totally emasculated by circumstance, what one does is to find a convenient way of continuing ones existence. They remember only that which is convenient for them to remember and forget the others. Showing gratitude is African, any African who does not know how to say 'thank you' is a nonentity and such a person should not be counted amongst, in the scheme of things.

Let me share with you this experience about Mr 'Gluttonous', as he approached God's throne, he was seriously complaining, as usual of everything, God asked the four angels attending to Him, 'who is that grumbling?' the answer came in chorus that its that man who always comes to complain about everything. He came in, met God and never stopped but continued blaming the Almighty for all his pains, failures, disappointments and trials. As God is not a man, he kept his fury, but gave the man some cushions of PATIENCE, ENDURANCE and LONGSUFFERING. So he went his way grumbling and murmuring continuously.

In a short while, another fellow approached the throne of Grace, with songs of praises, thanksgiving and heart of appreciation. And the Almighty heard the melodious songs of praise as they filtered in, getting sweeter and louder, as he was approaching the throne. God asked again, "who is that one singing nicely towards my throne?" The four angel's reiterated their answers that it's that man who always likes to thank you for every little thing done to him. As he came before the throne, he continued praising God, rolling on the floor, saying "Lord, I thank you, you are the King of Glory, ancient of days, the Lord of Lords, my great provider, you are the Elshaddai, I will forever be grateful for your love, because you are always there for me as my God and my friend. The Almighty then said "my friend, what can I do for you?", the man answered, "Lord, I don't want anything, I just want to thank you for everything you have done for me including my afflictions. The Almighty God was so pleased for this response that he gave the man PROSPERITY, FAVOUR, LONGLIFE AND UNCOMMON BLESSING and God as well stood from His throne and followed the man on his way, abiding with him always.

Indeed the heart of gratitude will always attain greatness, Coast enlargement, and breakthrough. In every of our ways and situations in life, let us always remember to give thanks to God.

I am yours sincerely,
Michael Abiola-Phillips

Slan!

Summer Scheme 2008



Children / Parents /Guardians/ having a fun day out in Bundoran

Once again our popular Summer Scheme provided a very enjoyable, week long event catering for 150 children, ranging in ages from 2 to 11years (and their parents/guardians) in the Letterkenny area. Trips were organised to Waterworld Bundoran, "Craic & Jacks" Ballybofey, and other fun things for parents and children to take part in. The huge success was due to Parent/Guardian involvement and the management of activities and events by the committee members, volunteers and staff, in a safe environment. All help received was appreciatively recognised.

Would you like to become a volunteer ☎ 9120633



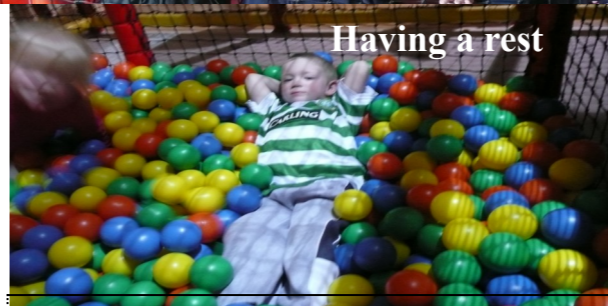
Ready for the fun to begin at "Craic & Jacks"



"Little Miss Letterkenny" Eryn Sheridan and "Little Master Letterkenny" Edmund



Enjoying lunch



Having a rest



Fun in the Ball Pool

Sports/games day for all ages held in Trinity Hall



Prize winners in games / sport for all ages in Trinity Hall

Total concentration required



Everyone's a winner at the community games /sport for all age groups held in Trinity hall

"Down Memory Lane"



What's for dinner ?



Alltogether now
1 2 3



Whooo! Is it?



Carnival band at charity gig in the courtyard 2004



Paddy at Fire Drill training



The younger generation



Baking for fun, with Breezy Willow



Out for a walk



When Elvis met Charlie Chaplin



Dressing up



Nuala Mc Garrigle
FÁS
Development
Officer

Community Employment Project News



Mary Rose
Sheridan
Community
Employment
Supervisor

The Community Employment Project is funded by the Irish Government under the National Development Plan 2000 - 2006 and supported by the local community.



Sorry To See You Go



Charles
Barclay



Adaoma
Ezenwe



Mary
Roarty



Sahrina
Mulholland



Jacqueline
Gillen



Rebecca
Adoowah

Again it's time to bid farewell to the participants who are leaving us at this time of year and wish them well in the future. We thank you all for your hard work and support to the project and hope you all keep in touch.

Any Residents Associations in the Glencar area who wish to have work carried out by our environmental team over the next year please contact:

Mary Rose Sheridan
Community Employment Supervisor
☎ 9120736

New Faces at Letterkenny C.D.P.



L-R Nolunga Shologu, Carol Kelly, Angela Mc Ginley and James Agnew



C.E. staff receiving their First Aid Certificates.



WELCOME
Anne Marie Gallagher
Assistant Administrator



Participants and Staff at the Evaluation and awarding of certificates 2008 in the Cheshire Apts.



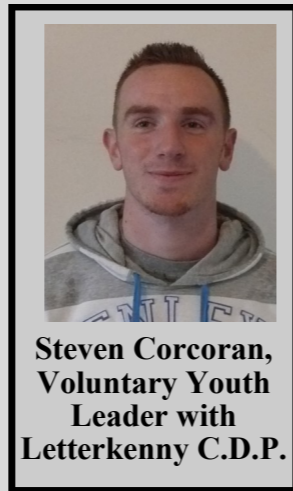
L.K. Youth CLUB

Planned Autumn Programme

- ☺ Drop in I.T. Facility in 20 Glendale Manor
- ☺ Games Room ~ Chill Out Room ~ Grinds
- ☺ Sports ~ Dance Workshops ~ Arts ~ Crafts
- ☺ And Much Much More

Carol Kelly
Youth Worker
With
Letterkenny C.D.P.

How to join: Annual Registration fee of €1 and a small fee for some activities. Contact Carol or Steven at the Community House 2 Errigal Rd. or Text 086///and we will get back to you with further details.



Steven Corcoran,
Voluntary Youth
Leader with
Letterkenny C.D.P.

YOUTH in ACTION



Members of LK Youth Club pose for photograph before starting off on their Paintball adventure with Letterkenny Community Garda



"L.K. Youth club ~v~Community Garda "Obstacle Race" in full swing at the Community Fete



Obstacle race winners L-R Nipper Sweeney, Dylan Laughlin, Clint Coyle and Paddy Mc Menamin

"LETTERKENNY C.D.P. CHILDCARE"



Karen Mc Cafferty
Childcare Manager

Letterkenny C.D.P. Childcare Facility (K.Y.D.S.) offers high quality Pre-school Service for children aged 2yrs. 10mths. and also After-school Service for school going ages. We will always make the individual development needs of each and every child attending our Childcare Facility our first priority. Please note after school times have been extended to 2pm to 6pm Mon-Fri. Our Childcare Facility offers a warm, family friendly environment that promotes children's progress. For further information contact: Karen Mc Cafferty 20 Glendale Manor Letterkenny

☎ 074/9160850

"Official Opening Day"

We would like to offer our special thanks to D.C.C.C. Chairperson Mr Martin Gormley for formally opening our K.Y.D.S Pre-school & After-school Service on 5th July 2008.



Congratulations



GRADUATION CLASS 2008

D&L's (main street Letterkenny)
O' Kane's Furniture
Donegal Stationary
Nynes Gala
bofey
Jungle King
Chips to Go

C&M Embroidery
The Hyundai T.Diver.
Mc Gee's Pharmacy
John Duffy café Bally-

Nearys Pharmacy

The Fries Rest
Atlantic Home Care.
Home Base
Mc Fadden's Pharmacy (LK Shop Centre)
The Bag Shop (The Court Yard)
Erwin's
Better Gardens produce
Swift Security
Victor's
Tinney's oil
Catherine's Laser & Beauty Salon

Ard Ri pub
Sam Tool Hire
Centra
Carpet Right.
Top Tackle
Penny's
The Value Centre
Swilly Meats
Brian Mc Cormac's Sport
Glencar petrol station

A BIG THANK-YOU
for all your kind donations and help
From K.Y.D.S.

Eclipz Hair Studio
Sprint Educational supplies
Milford Bakery
B.M.C Security
The Wolfe Tone Bar
Garry Office Supplies
Euro 2 (The Court Yard)
So Lo.
Sara (The Court Yard)
Foy's (Ballybofey)